

Chronic Illness Benefit medicine list (Formulary) 2022

Who we are

The BMW Employees Medical Aid Society (referred to as "BEMAS"), registration number 1526, is the medical scheme that you are a member of. This is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for BEMAS.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicine when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the BMW Employees Medical Aid Society rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. You must make sure that you know these rules and conditions.

Any instructions or advice on medicine and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

BEMAS and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

For more information call us on 0860 002 107 or visit www.bemas.co.za

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Benefit year

A benefit year refers to the benefits you are entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2022 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Medicine class

This describes medicine that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.

The Prescribed Minimum Benefits (PMBs) Chronic Disease List (CDL) medicine list for BMW Employees Medical Aid Society

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
				Pulmicort turbuhaler 200 dose 100mcg; 200mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/500
				Sereflo DPI 60 dose 50/100; 50/250
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R140	Anti-depressants: SSRI's	Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Espradep 10mg
				Zyescito 10mg; 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine 20 Oethmaan 20mg
				Prolax 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
	Serlife 50mg; 100mg			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Clozapine Oethmaan 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg	
			Zolanz 5mg; 10mg	
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
			Dopaquel 25mg; 100mg; 200mg; 300mg	
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
			Psyquet 25mg; 100mg; 200mg; 300mg	
			Truvalin 25mg; 100mg; 200mg; 300mg	
			Zimbiquet 25mg; 100mg; 200mg; 300mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
				Fluanxol depot 1ml 20mg	
			Zuclopenthixol	Clopixol 2mg; 10mg	
				Clopixol depot 200mg	
	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
				Abipip ODT 10mg; 15mg	
				Apripent 5mg; 10mg; 15mg	
				Aprizon 5mg; 10mg; 15mg	
				Arizofy 5mg; 10mg; 15mg	
	R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
Zoxadon ODT 0.5mg; 1mg; 2mg					
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
				Ventimax CFC free 200 dose 100mcg	
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Cardiac failure	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
			Lisozide 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg; 8/2.5mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg	
				Spec-Perindopril Plus 4/1.25mg	
				Trexeva Plus 5/1.25mg	
	Vectoryl Plus 4/1.25mg				
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
			Enalapril	Alapren 5mg; 10mg; 20mg	
				Enalapril Unicorn 10mg; 20mg	
				Hypace 5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R75	ACE inhibitors: Plain	Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
				Austell-Lisinopril 10mg; 20mg	
				Liso 5mg; 10mg; 20mg	
				Lizro 5mg; 10mg; 20mg	
				Sinopren 5mg; 10mg; 20mg	
			Perindopril	Ciplasyl 4mg	
				Pearinda 4mg; 8mg	
				Perindopril Unicorn 8mg	
				Prexum 10mg	
				Ran-Perindopril 4mg	
				Reprex 4mg; 8mg	
				Vectoryl 8mg	
				Zyace 4mg	
				R220	Alpha and Beta blocking agents
	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg				
	Carvetrend 6.25mg; 12.5mg; 25mg				
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
				Losaar Plus 50/12.5mg; 100/25mg	
				Losartan comp Biotech 50/12.5mg; 100/25mg	
				Sartoc-co 50/12.5mg; 100/25mg	
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg	
				Tesar co 40/12.5mg; 80/12.5mg	
				Ticarda Plus 40/12.5mg; 80/12.5mg	
			Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg	
				R110	Angiotensin II antagonists: Plain
	Losartan	Annin 50mg; 100mg			
		Ciplazar 50mg; 100mg			
		Losartan Accord 50mg; 100mg			
Zaario 50mg; 100mg					
Zartan 100mg					
Valsartan	Adco-Valsartan 80mg; 160mg				
	Regoval 80mg; 160mg				
	Valheft 80mg; 160mg				
R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg		
			Hyperphen 10mg; 50mg		
R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg		
			Betacor 5mg; 10mg		
			Bilocor 5mg; 10mg		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R80	Beta blocking agents: Selective	Bisoprolol	Bisbeta 5mg; 10mg	
				Bislo 5mg; 10mg	
				Bisoprolol Unicorn 5mg; 10mg	
				Bisozyd 5mg; 10mg	
				Emcor 5mg; 10mg	
				Presicard 5mg; 10mg	
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg	
				Diuresix 40mg	
				Furobe 40mg	
				Mylan Furosemide 40mg	
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
				Ridaq 12.5mg	
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
				Catexan 2.5mg	
				Cipla-Indapamide 2.5mg	
				Dapril 2.5mg	
				Mylan Indapamide 2.5mg	
	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg	
R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg		
			Ultipot 600mg		
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg		
		Isosorbide mononitrate	Ismo 20mg		
			Monicor SR 60mg		
R135	Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe		
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml		
			Pneumovax 23 single dose vial 0.5ml		
Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
		Lisoretic 10/12.5mg; 20/12.5mg			
		Lisozide 10/12.5mg; 20/12.5mg			
		Perindopril and diuretics	Bioprexum Plus 10/2.5mg		
			Ciplasyl Plus 4/1.25mg		
			Circator Plus 4/1.25mg		
			Pearinda Plus 4/1.25mg; 8/2.5mg		
			Perindopril co Unicorn 4/1.25mg		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
	Vectoryl 8mg			
	Zyace 4mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg			
R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
			Losartan	Annin 50mg; 100mg
		Ciplazar 50mg; 100mg		
		Losartan Accord 50mg; 100mg		
		Zaario 50mg; 100mg		
		Zartan 100mg		
		Valsartan	Adco-Valsartan 80mg; 160mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R110	Angiotensin II antagonists: Plain	Valsartan	Regoval 80mg; 160mg
				Valheft 80mg; 160mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisacor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilacor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
				Emcor 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Diuresix 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
			Catexan 2.5mg	
			Cipla-Indapamide 2.5mg	
			Daptril 2.5mg	
			Mylan Indapamide 2.5mg	
R120	Potassium sparing agents	Spirolactone	Spiractin 25mg	
R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
			Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
R135	Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiomyopathy	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml	
				Pneumovax 23 single dose vial 0.5ml	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
				Ventimax CFC free 200 dose 100mcg	
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg	
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
Trolic 5mg					
R135	Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe		
Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
			Lisozide 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg; 8/2.5mg	
				Perindopril co Unicorn 4/1.25mg	
	Prexum Plus 5/1.25mg				
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
			Enalapril	Alapren 5mg; 10mg; 20mg	
				Enalapril Unicorn 10mg; 20mg	
				Hypace 5mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
				Austell-Lisinopril 10mg; 20mg	
				Liso 5mg; 10mg; 20mg	
				Lizro 5mg; 10mg; 20mg	
Sinopren 5mg; 10mg; 20mg					
Perindopril	Ciplasyl 4mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Chronic renal disease	R75	ACE inhibitors: Plain	Perindopril	Pearinda 4mg; 8mg		
				Perindopril Unicorn 8mg		
				Prexum 10mg		
				Ran-Perindopril 4mg		
				Reprex 4mg; 8mg		
				Vectoryl 8mg		
				Zyace 4mg		
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg		
				Losaar Plus 50/12.5mg; 100/25mg		
				Losartan comp Biotech 50/12.5mg; 100/25mg		
				Sartoc-co 50/12.5mg; 100/25mg		
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg		
				Tesar co 40/12.5mg; 80/12.5mg		
				Ticarda Plus 40/12.5mg; 80/12.5mg		
			Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
			R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
	Losartan	Annin 50mg; 100mg				
		Ciplazar 50mg; 100mg				
		Losartan Accord 50mg; 100mg				
		Zaario 50mg; 100mg				
		Zartan 100mg				
	Valsartan	Adco-Valsartan 80mg; 160mg				
		Regoval 80mg; 160mg				
		Valheft 80mg; 160mg				
	R300	Calcium supplements			Calcium carbonate	B-cal
	R10	Folic acid and derivatives			Folic acid	Be-Tabs Folic acid 5mg
			Folic acid 5mg			
	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg		
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml		
				Equifer ampoule 5ml 100mg/5ml		
				Rautevene ampoule 5ml 100mg/5ml		
				Zypiron vial 5ml 20mg/1ml		
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml		
Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml						
Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml						
Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml						
Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml						
Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml						
Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml						

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml
			Erythropoietin	Epex pre-fill 2000U/0.5ml; 4000U/0.4ml
				Repotin ampoule 1ml 2000U; 4000U
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 120mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 200mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 250mcg/0.3ml
R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg	
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
	Emcor 5mg; 10mg			
	Presicard 5mg; 10mg			
	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
				Verapamil
			Verahexal SR 240mg	
Verapamil 40 Oethmaan 40mg				
R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
			Amlodipine Unicorn 5mg; 10mg	
			Amtas 5mg; 10mg	
			Aprate 5mg; 10mg	
			Austell-Amlodipine 5mg; 10mg	
			Ciplavasc 5mg; 10mg	
			Gulf Amlodipine 5mg; 10mg	
			Lomanor 5mg; 10mg	
			Pharma Dynamics Amlodipine besylate 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R100	Selective calcium channel blockers with mainly vascular effects	Felodipine	Felodipine Kiara 5mg; 10mg
				Plendil 2.5mg; 5mg
			Nifedipine	Cipalat Retard 20mg
				Cipalat XR 30mg; 60mg
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg
Monicor SR 60mg				
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
				Sulfasalazine
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
				Imuran 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
				Ddavn nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720			
	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml
			Insulin Glulisine	Apidra - cartridge 3ml
				Apidra solostar - disposable pen 3ml
			Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml
			Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml
				Humalog mix 50 - cartridge 3ml; kwikpen 3ml

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
			Insulin Glargine	Basaglar - cartridge 3ml	
				Optisulin - cartridge 3ml	
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
				Myoprin	100mg
	R280		Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active
					Accu-check test strip glucose instant
					Glucocheck key test strip
					Glucocheck test strip
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optium glucose
					Test strip glucose caresens n 29g
					Test strip glucose contour plus
					Test strip glucose contour ts
					Test strip glucose fora diamond blood
					Test strip glucose on call plus ez
					Test strip onetouch select plus
					R350
	Lancet fora collection needle sterile 30g				
	Lancet fora tender needle sterile 33g				
	Lancet freestyle test				
	Lancet glucocheck novicheck				
	Lancet solus v2				
	Lancet unilet sterile 28g				
	Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				
	Microlet lancet				
	Needles	BD micro fine plus pen needle 30g 8mm			
		BD micro fine plus pen needle 31g			
		BD micro fine plus pen needle 32g 4mm			
		Droplet pen needle 8mm 31g			
		Needle insulin fora pen 31g 5mm			
		Needle insulin fora pen 31g 8mm			
		Needle insulin fora pen 32g 4mm			
Needle insulin fora pen 32g 6mm					
Needle insulin pen verifine 4mmx10cmx15cm 32g					
Needle insulin pen verifine 4mmx10cmx15cm 33g					
Needle novofine					
Syringes	Syringe insulin 1.0ml with 27g needle				
	Syringe insulin bd microfine 12.7mm 1ml 9g				
	Syringe insulin bd microfine 1ml 8mm 30g				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R350	Surgical item	Syringes	Syringe insulin bd microfine 8mm demi 0.3ml 30g	
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
				Apex-Metformin 500mg	
				Austell-Metformin 500mg; 850mg	
				Bigsens 1000mg	
				Diaphage 500mg; 850mg; 1000mg	
				Gluconorm 500mg; 850mg	
				Mylan Metformin 500mg; 850mg; 1000mg	
				Romidab 500mg; 850mg; 1000mg	
	Please note that an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit is R720				
	R515	Anti-diabetic agents: Fast-acting Insulins		Insulin Aspart	Novorapid - penfill 3ml
				Insulin Glulisine	Apidra - cartridge 3ml Apidra solostar - disposable pen 3ml
				Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)		Insulin Human	Humulin 30/70 - cartridge 3ml
				Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml
					Humalog mix 50 - cartridge 3ml; kwikpen 3ml
	R440	Anti-diabetic agents: Long-acting Insulins		Insulin Detemir	Levemir - pre-filled cartridge 3ml
				Insulin Glargine	Basaglar - cartridge 3ml
					Optisulin - cartridge 3ml
	R160	Anti-diabetic agents: Sulfonamides, urea derivatives		Gliclazide	Diagluclide MR 60mg
					Diaran MR 30mg
					Dyna Gliclazide SR 30mg
					Gliclazide Unicorn MR 30mg
					Glytab MR 30mg
	R215	Anti-diabetic agents: Thiazolidinediones		Pioglitazone	Cipla-Pioglitazone 15mg; 30mg
					Pioglitazone hydrochloride Macleods 15mg; 30mg
	R35	Aspirin: Cardiovascular		Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
R280	Blood glucose monitoring agents		Glucose strips	Accu-check test strip glucose active	
				Accu-check test strip glucose instant	
				Glucocheck key test strip	
				Glucocheck test strip	
				Test strip blood glucose clicks bionime gs550	
				Test strip freestyle optimum glucose	
				Test strip glucose caresens n 29g	
				Test strip glucose contour plus	
Test strip glucose contour ts					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R280	Blood glucose monitoring agents	Glucose strips	Test strip glucose fora diamond blood
				Test strip glucose on call plus ez
				Test strip onetouch select plus
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
Syringes	Needle insulin pen verifine 4mmx10cmx15cm 32g			
	Needle insulin pen verifine 4mmx10cmx15cm 33g			
	Needle novofine			
	Syringe insulin 1.0ml with 27g needle			
	Syringe insulin bd microfine 12.7mm 1ml 9g			
Syringes	Syringe insulin bd microfine 1ml 8mm 30g			
	Syringe insulin bd microfine 8mm demi 0.3ml 30g			
	Syringe insulin bd microfine 8mm demi 0.3ml 30g			
Dysrhythmia	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg
	R425	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Bio-Amiodarone 200mg
				Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R80	Beta blocking agents: Selective	Atenolol	Sotahexal 80mg; 160mg
				Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilacor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
				Emcor 5mg; 10mg
	Presicard 5mg; 10mg			
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
Lanoxin paediatric/geriatric syrup 0.05mg/1ml				
R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg	
			Verahexal SR 240mg	
			Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
	Valeptic CR 300mg; 500mg			
	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
Girotec 50mg; 100mg; 200mg				
Serinem 25mg; 50mg; 100mg; 200mg				
Levetiracetam			Dyna Levetiracetam 250mg; 500mg; 750mg	
			Epikepp 250mg; 500mg; 750mg	
			Redilev 250mg; 500mg; 750mg	
Topiramate			Epimate 25mg; 50mg; 100mg; 200mg	
	Toplep 25mg; 50mg; 100mg; 200mg			
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Epilepsy	R10	Folic acid and derivatives	Folic acid	Folic acid 5mg	
Glaucoma	R220	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%	
				Trusopt 5ml owi 2%	
	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%	
				Latanoprost	Atana 2.5ml 50mcg/1ml
					Spersatan 2.5ml 50mcg/1ml
					Xalatan 2.5ml 50mcg/1ml
				Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml
	Travoprost	Travatan 2.5ml 0.004%			
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml	
				Brimoct 5ml 2mg/1ml	
	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%	
				Timoptol-xe 2.5ml 0.5%	
	R275	Anti-glaucoma Beta blocking agents: Timolol combinations	Timolol, combinations	Azarga 5ml	
				Co-Atana 2.5ml	
				Combigan 5ml 2mg/5mg	
				Cosopt 5ml 0.5%	
				Duotrav 2.5ml	
Ganfort 3ml					
Glauaide-co 5ml					
Glauopt co 5ml					
Ocudor co 5ml					
Xalacom 2.5ml					
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg	
				Adco-Prolief 500mg	
				Cetapon 500mg	
	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg	
				R50 000	Blood coagulation factors
	Octanate vial 5ml 250U				
	Octanate vial 10ml 500U; 1000U				
	Coagulation factor IX	Haemosolvex IX 500U			
		Octanine F vial 30ml 250U; 500U; 1000U			
	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddvp 0.1mg; 0.2mg	
Ddvp nasal spray 5ml 0.1mg/1ml					
Hyperlipidaemia	R335	Lipid modifying agent: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg	
	R300	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength				
Hyperlipidaemia	R300	Lipid modifying agents: Fibrates	Bezafibrate	Sandoz Bezafibrate 400mg				
	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg				
				Aspavor 10mg; 20mg; 40mg				
				Astor 10mg; 20mg; 40mg; 80mg				
				Dezzolip 10mg; 20mg; 40mg; 80mg				
				Dynator 10mg; 20mg; 40mg; 80mg				
				Lipogen 10mg; 20mg; 40mg; 80mg				
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg				
				Austell-Simvastatin 10mg; 20mg; 40mg				
				Choleste 10mg; 20mg; 40mg				
				Cipla-Simvastatin 10mg; 20mg; 40mg				
				Simvacor 10mg; 20mg; 40mg				
				Hypertension	R175	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg
					R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg							
	Lisinopril co Unicorn 10/12.5mg; 20/12.5mg							
	Lisoretic 10/12.5mg; 20/12.5mg							
	Lisozide 10/12.5mg; 20/12.5mg							
Perindopril and diuretics	Bioprexum Plus 10/2.5mg							
	Ciplasyl Plus 4/1.25mg							
	Circator Plus 4/1.25mg							
	Pearinda Plus 4/1.25mg; 8/2.5mg							
	Perindopril co Unicorn 4/1.25mg							
	Prexum Plus 5/1.25mg							
	Spec-Perindopril Plus 4/1.25mg							
	Trexeva Plus 5/1.25mg							
Vectoryl Plus 4/1.25mg								
R190	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg					
R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg					
			Mylan Captopril 25mg; 50mg					
		Enalapril	Alapren 5mg; 10mg; 20mg					
			Enalapril Unicorn 10mg; 20mg					
			Hypace 5mg					
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg					
			Austell-Lisinopril 10mg; 20mg					
			Liso 5mg; 10mg; 20mg					
			Lizro 5mg; 10mg; 20mg					
			Sinopren 5mg; 10mg; 20mg					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Hypertension	R75	ACE inhibitors: Plain	Perindopril	Ciplasyl 4mg	
				Pearinda 4mg; 8mg	
				Perindopril Unicorn 8mg	
				Prexum 10mg	
				Ran-Perindopril 4mg	
				Reprex 4mg; 8mg	
				Vectoryl 8mg	
				Zyace 4mg	
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
				Carvetrend 6.25mg; 12.5mg; 25mg	
	R210	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Calsar 5/80mg; 5/160mg; 10/160mg	
				Copalia 5/160mg; 10/160mg	
				Valduo 5/160mg; 10/160mg	
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
				Losaar Plus 50/12.5mg; 100/25mg	
				Losartan comp Biotech 50/12.5mg; 100/25mg	
				Sartoc-co 50/12.5mg; 100/25mg	
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg	
				Tesar co 40/12.5mg; 80/12.5mg	
				Ticarda Plus 40/12.5mg; 80/12.5mg	
	R225	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg	
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
				Losartan	Annin 50mg; 100mg
					Ciplazar 50mg; 100mg
					Losartan Accord 50mg; 100mg
					Zaario 50mg; 100mg
			Zartan 100mg		
			Valsartan	Adco-Valsartan 80mg; 160mg	
				Regoval 80mg; 160mg	
				Valheft 80mg; 160mg	
				R190	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists
	Urodoxa 4mg				
R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg		
			Mylan Methyldopa 250mg		
R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
				Emcor 5mg; 10mg
	Presicard 5mg; 10mg			
	R125	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Diuresix 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Daptril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg
	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
				Ultipot 600mg
	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
Verapamil			Vasomil 40mg; 80mg	
			Verahexal SR 240mg	
			Verapamil 40 Oethmaan 40mg	
R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
			Amlodipine Unicorn 5mg; 10mg	
			Amtas 5mg; 10mg	
			Aprate 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Hypertension	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Austell-Amlodipine 5mg; 10mg		
				Ciplavasc 5mg; 10mg		
				Gulf Amlodipine 5mg; 10mg		
				Lomanor 5mg; 10mg		
				Pharma Dynamics Amlodipine besylate 5mg; 10mg		
			Felodipine	Felodipine Kiara 5mg; 10mg		
				Plendil 2.5mg; 5mg		
			Nifedipine	Cipalat Retard 20mg		
Cipalat XR 30mg; 60mg						
Hypothyroidism	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg		
Multiple sclerosis	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg		
				Amitriptyline HCl Kiara 25mg		
				Gulf Amitriptyline 25mg		
				Trepiline 10mg		
	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg		
				Oxyrest 5mg		
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml		
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml		
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml		
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml		
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml		
			Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml		
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg		
R20				Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
						Panafcort 5mg
	Trolic 5mg					
Parkinson's disease	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg		
	R570	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg		
				Pexasp 0.125mg; 0.25mg; 1mg		
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg		
R700	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Parkinson's disease	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg
				Teva Carbi-Levo 25/100mg; 25/250mg
Rheumatoid arthritis	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
			Panamor AT 50mg	
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
				Naproxen
			Naproscript 250mg	
R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 5mg	
R980	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
			Imuran 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R755	Selective immunosuppressive agents: Leflunomide	Leflunomide	Ravalef 10mg; 20mg	
			Rheumalef 10mg; 20mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
Schizophrenia	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Espradep 10mg
			Fluoxetine	Zyescito 10mg; 20mg
				Deprozan 20mg
				Fluoxetine 20 Oethmaan 20mg
				Prolax 20mg
				Sertraline
			Serlife 50mg; 100mg	
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
Serinem 25mg; 50mg; 100mg; 200mg				
R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg	
R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg	
			Clozapine Oethmaan 25mg; 100mg	
R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg	
			Zolanz 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Abipip ODT 10mg; 15mg
				Apripent 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
	R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
				Rispacor 0.5mg; 1mg; 2mg; 3mg
				Rispide 0.5mg; 1mg; 2mg
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
Zoxadon ODT 0.5mg; 1mg; 2mg				
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg	
			Betaprofen FC 400mg	
			Bren 400mg	
			Ibucine 200mg; 400mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Ibunate 200mg
				Ibusor 200mg
			Naproxen	Mylan Naproxen 250mg
				Naprosript 250mg
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
				Imuran 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
			Topivate cream 0.1%	
			Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R980	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
				Sulfasalazine
	Salazopyrin EN 500mg			
	R1 940	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
			Imuran 50mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Ulcerative colitis	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Enhanced medicine list for BMW Employees Medical Aid Society

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R270	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Monteflo 4mg; 5mg; 10mg
				Sintrine 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
Fluticasone			Flomist 120 dose 50mcg	
Cardiac failure	R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R390	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
				Tiotor 10 (30 caps & inhaler)
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/500
				Sereflo DPI 60 dose 50/100; 50/250
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg	
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Acticlop 75mg
				Clopidogrel Unicorn 75mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clovexa 75mg
				Deplatt 75mg
				Pharma Dynamics Clopidogrel 75mg
				Plagrol 75mg
Diabetes mellitus Type 2	R225	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
				Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg
R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg	
Multiple sclerosis	R7 000	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
	R7 000	Selective immunosuppressive agents - Fingolimod	Fingolimod	Myelenea 0.5mg
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg

Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 552	Insulin pump reservoirs and infusion sets

Complaints process

You may lodge a complaint or query with BMW Employees Medical Aid Society directly on 0860 002 107 or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following BMW Employees Medical Aid Society's internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.co.za.
Customer Care Centre: 0861 123 267/website www.medicalschemes.co.za