

Chronic Illness Benefit medicine list (formulary) 2021

Who we are

The BMW Employee Medical Aid Society (referred to as 'BEMAS'), registration number 1526, is the medical scheme that you are a member of. This is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as 'the administrator') is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for BEMAS.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicine when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the BMW Employees Medical Aid Society rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. You must make sure that you know these rules and conditions.

Any instructions or advice on medicine and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

BEMAS and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

For more information call us on 0860 002 107 or visit www.bemas.co.za

Explanation of terms

Benefit year

A benefit year refers to the benefits you are entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2021 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicine that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

The CDL medicine list for BMW Employees Medical Aid Society

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mg
				Pulmicort turbuhaler 200 dose 100mcg; 200mcg
	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
R265	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R140	Anti-depressants: SSRI's	Escitalopram	Marprem 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine 20 Oethmaan 20mg
				Prolax 20mg
				Zydus Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serdep 50mg; 100mg
	Serlife 50mg; 100mg			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Cloment 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg	
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
			Psyquet 25mg; 100mg; 200mg; 300mg	
			Truvalin 25mg; 100mg; 200mg; 300mg	
			Zimbiquet 25mg; 100mg; 200mg; 300mg	
R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg	
			Clopixol depot 200mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
				Arizofy 5mg; 10mg; 15mg	
	R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
Zoxadon odt 0.5mg; 1mg; 2mg					
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
				Ventimax CFC free 200 dose 100mcg	
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Cardiac failure	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
			Lisozide 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg	
				Spec-Perindopril Plus 4/1.25mg	
	Vectoryl Plus 4/1.25mg				
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
			Enalapril	Alapren 5mg; 10mg; 20mg	
				Enalapril Unicorn 10mg; 20mg	
				Hypace 5mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
				Austell-Lisinopril 10mg; 20mg	
Liso 5mg; 10mg; 20mg					
Sinopren 5mg; 10mg; 20mg					
Perindopril	Ciplasyl 4mg				
	Circator 4mg; 8mg				
	Pearinda 4mg; 8mg				
	Perindopril Unicorn 4mg; 8mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R85	ACE inhibitors: Plain	Perindopril	Prexum 5mg; 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
			Quinapril	Accumax 10mg; 20mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Zartan co 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
	Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg		
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Losartan
			Valsartan	Ciplazar 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 100mg
			Adco-Valsartan 80mg; 160mg	
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg	
			Furobe 40mg	
			Mylan Furosemide 40mg	
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
			Ridaq 12.5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
				Catexan 2.5mg	
				Daptril 2.5mg	
				Mylan Indapamide 2.5mg	
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
				Spiractin 25mg	
	R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
				Ultipot 600mg	
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
				Isosorbide mononitrate	
				Ismo 20mg	
	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
Vaxigrip single dose 0.5ml pre-filled					
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose vial 0.5ml		
Cardiomyopathy	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
			Lisozide 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg	
				Spec-Perindopril Plus 4/1.25mg	
			Vectoryl Plus 4/1.25mg		
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
			Enalapril	Alapren 5mg; 10mg; 20mg	
				Enalapril Unicorn 10mg; 20mg	
				Hypace 5mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
				Austell-Lisinopril 10mg; 20mg	
Liso 5mg; 10mg; 20mg					
Sinopren 5mg; 10mg; 20mg					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiomyopathy	R85	ACE inhibitors: Plain	Perindopril	Ciplasyl 4mg	
				Circator 4mg; 8mg	
				Pearinda 4mg; 8mg	
				Perindopril Unicorn 4mg; 8mg	
				Prexum 5mg; 10mg	
				Ran-Perindopril 4mg	
				Reprex 4mg; 8mg	
				Vectoryl 4mg; 8mg	
				Zyace 4mg	
				Quinapril	Accumax 10mg; 20mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
				Carvetrend 6.25mg; 12.5mg; 25mg	
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
				Losaar Plus 50/12.5mg; 100/25mg	
				Losaar comp Biotech 50/12.5mg; 100/25mg	
				Zartan co 100/25mg	
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg	
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg	
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
				Losartan	Annin 50mg; 100mg
			Ciplazar 50mg; 100mg		
			Zaario 50mg; 100mg		
			Zartan 100mg		
		Valsartan	Adco-Valsartan 80mg; 160mg		
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg	
				Sandoz Hydralazine 25mg	
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
				Myoprin 100mg	
	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
				Betacor 5mg; 10mg	
				Bilocor 5mg; 10mg	
Bisbeta 5mg; 10mg					
Bislo 5mg; 10mg					
Bisoprolol Unicorn 5mg; 10mg					
Bisozyd 5mg; 10mg					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Dapril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Spiractin 25mg
	R110	Potassium supplements	Potassium chloride	Plenish K 600mg
Ultipot 600mg				
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose vial 0.5ml	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R860	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
Trolic 5mg				
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
Chronic renal disease	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
			Lisoretic 10/12.5mg; 20/12.5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R100	ACE inhibitors and diuretics	Lisinopril and diuretics	Lisozide 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
	Vectoryl Plus 4/1.25mg			
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Enalapril	Hypace 5mg
			Perindopril	Ciplasyl 4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 5mg; 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
	Vectoryl 4mg; 8mg			
	Zyace 4mg			
	Quinapril	Accumax 10mg; 20mg		
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Zartan co 100/25mg
Telmisartan and diuretics			Telpres Plus 40/12.5mg; 80/12.5mg	
Valsartan and diuretics			Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg	
R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
		Losartan	Annin 50mg; 100mg	
			Ciplazar 50mg; 100mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R110	Angiotensin II antagonists: Plain	Losartan	Zaario 50mg; 100mg
				Zartan 100mg
			Valsartan	Adco-Valsartan 80mg; 160mg
	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R50	Iron in combination with Folic acid	Iron in combination with Folic acid	Pregamal
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Rautevene ampoule 5ml 100mg/5ml
				Zypiron vial 5ml 20mg/1ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml
			Erythropoietin	Epex pre-fill 2000U/0.5ml; 4000U/0.4ml
				Repotin ampoule 1ml 2000U; 4000U
Methoxy polyethylene glycol-epoetin beta			Mircera pre-filled syringe 0.3ml 50mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 75mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 100mcg/0.3ml	
	Mircera pre-filled syringe 0.3ml 120mcg/0.3ml			
	Mircera pre-filled syringe 0.3ml 150mcg/0.3ml			
	Mircera pre-filled syringe 0.3ml 200mcg/0.3ml			
Mircera pre-filled syringe 0.3ml 250mcg/0.3ml				
R430	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg	
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
				Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
	Verahexal SR 240mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
				Aprate 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Lomanor 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg
			Felodipine	Felodipine-Hexal 5mg; 10mg
		Plendil 2.5mg; 5mg		
		Nifedipine	Cipalat Retard 20mg	
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
Isosorbide mononitrate			Ismo 20mg	
			Monicor SR 60mg	
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
			Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema
	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddvp 0.1mg; 0.2mg
				Ddvp nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720			
	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml
			Insulin Glulisine	Apidra - cartridge 3ml
				Apidra solostar - disposable pen 3ml
	Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml
			Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml
				Humalog mix 50 - cartridge 3ml; kwikpen 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Glargine	Basaglar - cartridge 3ml
				Endulin select - pre-filled pen 3ml
				Optisulin - pen 3ml
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R280	Blood glucose monitoring agents	Glucose strips	Test strip accu check glucose active
				Test strip accuchek instant
				Test strip blood glucose clicks bionime gs550
				Test strip freestyle optimum glucose
				Test strip glucocheck
				Test strip glucocheck key
				Test strip glucose caresens n 29g
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip glucose on call plus ez
				Test strip onetouch select plus
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				
Microlet lancet				
Needles			BD micro fine plus pen needle 30g 8mm	
			BD micro fine plus pen needle 31g	
			BD micro fine plus pen needle 32g 4mm	
			Droplet pen needle 8mm 31g	
			Needle insulin fora pen 31g 5mm	
			Needle insulin fora pen 31g 8mm	
Needle insulin fora pen 32g 4mm				
Needle insulin fora pen 32g 6mm				
Needle novofine				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R350	Surgical item	Syringes	Syringe insulin 1.0ml with 27g needle	
				Syringe insulin bd microfine 12.7mm 1ml 9g	
				Syringe insulin bd microfine 1ml 8mm 30g	
				Syringe insulin bd microfine 8mm demi 0.3ml 30g	
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
				Apex-Metformin 500mg	
				Austell-Metformin 500mg; 850mg	
				Bigsens 500mg; 850mg; 1000mg	
				Diaphage 500mg; 850mg; 1000mg	
				Gluconorm 500mg; 850mg	
				Metformin XR Accord 500mg	
				Mylan Metformin 500mg; 850mg; 1000mg	
	Romidab 500mg; 850mg; 1000mg				
	Please note that an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit is R720.				
	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml	
				Insulin Glulisine	Apidra - cartridge 3ml Apidra solostar - disposable pen 3ml
				Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml	
				Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml
Humalog mix 50 - cartridge 3ml; kwikpen 3ml					
R440	Anti-diabetic agents: Long-acting Insulins	Insulin Glargine	Basaglar - cartridge 3ml		
			Endulin select - pre-filled pen 3ml		
			Optisulin - cartridge 3ml		
R160	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagluclide MR 60mg		
			Dyna Gliclazide SR 30mg		
			Gliclazide Unicorn MR 30mg		
			Glytab MR 30mg		
R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg		
			Pioglitazone hydrochloride Macleods 15mg; 30mg		
R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg		
			Myoprin 100mg		
R280	Blood glucose monitoring agents	Glucose strips	Test strip accu check glucose active		
			Test strip accucheck instant		
			Test strip blood glucose clicks bionime gs550		
			Test strip freestyle optimum glucose		
			Test strip glucocheck		
			Test strip glucocheck key		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R280	Blood glucose monitoring agents	Glucose strips	Test strip glucose caresens n 29g
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip glucose on call plus ez
				Test strip onetouch select plus
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
			Needle novofine	
			Syringes	Syringe insulin 1.0ml with 27g needle
				Syringe insulin bd microfine 12.7mm 1ml 9g
				Syringe insulin bd microfine 1ml 8mm 30g
Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Dysrhythmia	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
			Propafenone	Rythmol 150mg; 300mg
	R425	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg
				Bio-Amiodarone 200mg
				Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
			Sotalol	Sotahexal 80mg; 160mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Dysrhythmia	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg	
				B-Block 50mg; 100mg	
				Tenopress 50mg; 100mg	
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
	R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg	
Verahexal SR 240mg					
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg	
	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg	
	R385	Antiepileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
				Tegretol Cr 200mg; 400mg	
				Zeptol 200mg	
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
				Convulex syrup 250mg/5ml	
				Epilim crushable 100mg	
				Epilim sugar-free syrup 200mg/5ml	
				Eprolep CR 200mg; 300mg; 500mg	
				Navalpro CR 200mg; 300mg; 500mg	
				Valeptic CR 300mg; 500mg	
	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
				Epitec 25mg; 50mg; 100mg; 200mg	
				Girotec 50mg; 100mg; 200mg	
				Serinem 25mg; 50mg; 100mg; 200mg	
			Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg	
	Topiramate	Epimate 25mg; 50mg; 100mg; 200mg			
			R10	Folic acid and derivatives	Folic acid
Glaucoma	R215	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%	
				Trusopt 5ml owi 2%	
	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%	
				Latanoprost	Atana 2.5ml 50mcg/1ml
					Spersatan 2.5ml 50mcg/1ml
					Xalatan 2.5ml 50mcg/1ml
				Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml
	Travoprost	Travatan 2.5ml 0.004%			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
				Brimoct 5ml 2mg/1ml
	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Glaucosan 5ml 0.5%
				Occumol 5ml 0.5%
	R275	Anti-glaucoma Beta blocking agents: Timolol combinations	Timolol, combinations	Azarga 5ml
				Co-Atana 2.5ml
				Combigan 5ml 2mg/5mg
				Cosopt 5ml 0.5%
				Duotrav 2.5ml
				Ganfort 3ml
				Glaumide-co 5ml
				Glauopt co 5ml
				Ocudor co 5ml
Xalacom 2.5ml				
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg
				Adco-Prolief 500mg
				Cetapon 500mg
				Painogestic 500mg
	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg
	R50 000	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U
				Octanine F vial 30ml 250U; 500U; 1000U
			Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
				Octanate vial 5ml 250U
	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
Ddavp nasal spray 5ml 0.1mg/1ml				
Hyperlipidaemia	R300	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
				Sandoz Bezafibrate 400mg
	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
				Aspavor 10mg; 20mg; 40mg
				Astor 10mg; 20mg; 40mg; 80mg
				Dezzolip 10mg; 20mg; 40mg; 80mg
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
				Austell-Simvastatin 10mg; 20mg; 40mg
				Choleste 10mg; 20mg; 40mg
				Cipla-Simvastatin 10mg; 20mg; 40mg
Simvacor 10mg; 20mg; 40mg				
Hypertension	R185	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength			
Hypertension	R100	ACE inhibitors and diuretics	Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg			
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg			
				Lisoretic 10/12.5mg; 20/12.5mg			
				Lisozide 10/12.5mg; 20/12.5mg			
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg			
				Ciplasyl Plus 4/1.25mg			
				Circator Plus 4/1.25mg			
				Pearinda Plus 4/1.25mg			
				Perindopril co Unicorn 4/1.25mg			
				Prexum Plus 5/1.25mg			
				Spec-Perindopril Plus 4/1.25mg			
				Vectoryl Plus 4/1.25mg			
				R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
							Mylan Captopril 25mg; 50mg
	Enalapril	Alapren 5mg; 10mg; 20mg					
		Enalapril Unicorn 10mg; 20mg					
		Hypace 5mg					
	Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg					
		Austell-Lisinopril 10mg; 20mg					
		Liso 5mg; 10mg; 20mg					
		Sinopren 5mg; 10mg; 20mg					
	Perindopril	Ciplasyl 4mg					
		Circator 4mg; 8mg					
		Pearinda 4mg; 8mg					
		Perindopril Unicorn 4mg; 8mg					
		Prexum 5mg; 10mg					
		Ran-Perindopril 4mg					
		Reprex 4mg; 8mg					
		Vectoryl 4mg; 8mg					
		Zyace 4mg					
		Quinapril	Accumax 10mg; 20mg				
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg			
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg			
				Carvetrend 6.25mg; 12.5mg; 25mg			
	R210	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Copalia 5/160mg; 10/160mg			
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg			
Losaar Plus 50/12.5mg; 100/25mg							
Losartan comp Biotech 50/12.5mg; 100/25mg							
Zartan co 100/25mg							

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength			
Hypertension	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg			
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg			
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan	150mg; 300mg		
				Losartan	Annin 50mg; 100mg Ciplazaar 50mg; 100mg Zaario 50mg; 100mg Zartan 100mg		
			Valsartan	Adco-Valsartan	80mg; 160mg		
			R190	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen	1mg; 4mg
						Urodoxa	4mg
	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone	250mg		
				Mylan Methyldopa	250mg		
	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine	0.25mg		
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen	10mg; 50mg		
				Sandoz Hydralazine	25mg		
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg		
				Purbloka	40mg		
	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol	50mg; 100mg		
				B-Block	50mg; 100mg		
				Tenopress	50mg; 100mg		
	R40	High-ceiling diuretics	Furosemide	Dino-Retic	40mg		
				Furobe	40mg		
				Mylan Furosemide	40mg		
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide	25mg		
				Ridaq	12.5mg		
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax	2.5mg		
				Catexan	2.5mg		
				Dapril	2.5mg		
				Mylan Indapamide	2.5mg		
	R120	Potassium sparing agents	Spironolactone	Aldactone	25mg		
				Spiractin	25mg		
R110	Potassium supplements	Potassium chloride	Plenish K	600mg			
			Ultipot	600mg			
R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem	60mg			
			Adco-Zildem SR	180mg; 240mg			
		Verapamil	Vasomil	40mg; 80mg			
			Verahexal SR	240mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
				Aprate 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Lomanor 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg
			Felodipine	Felodipine-Hexal 5mg; 10mg
				Plendil 2.5mg; 5mg
Nifedipine	Cipalat Retard 20mg			
Hypothyroidism	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R95	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
				Sandoz Amitriptyline 25mg
				Trepiline 10mg
	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
				Interferon Beta-1B
			Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
Trolic 5mg				
Parkinson's disease	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R570	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
R700	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Parkinson's disease	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg	
				Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg	
				A-Lennon Diclofenac 25mg; 50mg	
				Diclofenac Biotech 25mg	
				Mylan Diclofenac 25mg; 50mg	
				Panamor AT 50mg	
				Indomethacin	Betacin 25mg
					Gulf Indomethacin 25mg
	Methocaps 25mg				
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg	
				Coxflam 7.5mg	
				Flexocam 7.5mg	
				Medoxicam 7.5mg	
			Piroxicam	Pyrocaps 20mg	
				Roxifen 20mg	
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg	
				Betaprofen FC 400mg	
				Bren 400mg	
				Ibucine 200mg; 400mg	
				Ibunate 200mg	
				Ibusor 200mg	
				Naproxen	Mylan Naproxen 250mg
			Naproscript 250mg		
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		
			Folic acid 5mg		
R980	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg		
			Salazopyrin EN 500mg		
R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg		
			Azathioprine PCH 50mg		
R110	Other immune-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg		
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
			Panafcort 5mg		
			Trolic 5mg		
Schizophrenia	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg	
				Citalopram 20 Oethmaan 20mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R140	Anti-depressants: SSRI's	Citalopram	Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Marprem 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine 20 Oethmaan 20mg
				Prolax 20mg
				Zydus Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serdep 50mg; 100mg
				Serlife 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Cloment 25mg; 100mg
	R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
Fluanxol depot 1ml 20mg				
Zuclopenthixol			Clopixol 2mg; 10mg	
			Clopixol depot 200mg	
R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Arizofy 5mg; 10mg; 15mg	
R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon odt 0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
	Methocaps 25mg			
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Mylan Naproxen 250mg
				Naprosript 250mg
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 5mg	
R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
			Topivate cream 0.1%	
			Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Ulcerative colitis	R980	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
			Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R1 940	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema
	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
Trolic 5mg				

The CDL Enhanced medicine list for BMW Employees Medical Aid Society

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R270	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Lumont 4mg; 5mg; 10mg
				Sintrine 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
Fluticasone				Flomist 120 dose 50mcg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R545	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
R265	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg	
Chronic renal disease	R255	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clopidogrel Unicorn 75mg
				Pharma Dynamics Clopidogrel 75mg
				Plagrol 75mg
				Zyklot 75mg
Diabetes mellitus Type 2	R225	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
Byetta disposable pen 60 dose 2.4ml 10mcg/dose				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg

Complaints process

You may lodge a complaint or query with BMW Employee Medical Aid Society directly on 0860 002 107 or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following BMW Employees Medical Aid Society's internal disputes process. Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.co.za. Customer Care Centre: 0861 123 267/website www.medicalschemes.co.za.