

Chronic Illness Benefit medicine list (formulary) 2020

Who we are

The BMW Employee Medical Aid Society (referred to as 'BEMAS'), registration number 1526, is the medical scheme that you are a member of. This is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as 'the administrator') is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for BEMAS.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicine when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the BMW Employees Medical Aid Society rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. You must make sure that you know these rules and conditions.

Any instructions or advice on medicine and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

BEMAS and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

For more information call us on 0860 002 107 or visit www.bemas.co.za

Explanation of terms

Benefit year

A benefit year refers to the benefits you are entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2020 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicine that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

The CDL medicine list for BMW Employees Medical Aid Society

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R200	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R195	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R485	Adrenergics: Long acting - Salmeterol	Salmeterol	Serevent accuhaler 60 dose 50mcg
				Serevent CFC free 120 dose 25mcg
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Venteze CFC free 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
				Ipvent HFA 200 dose 40mcg/dose
	R265	Inhaled Glucocorticoids	Beclomethasone	Beceze CFC free 200 dose 100mcg
				Beclate 200 dose 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg
				Pulmicort turbuhaler 200 dose 100mcg; 200mcg
			Fluticasone	Ciclovent 60 dose 80mcg; 160mcg
	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
R265	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg	
R350	Surgical item	Inhaler device	Dp haler device	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R160	Anti-depressants: SSRI's	Citalopram	Arrow Citalopram 40mg
				Cilate 20mg
				Citalopram-Winthrop 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Marprem 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine Actor 20mg
				Prolax 20mg
				Ranflocs 20mg
				Zydus-Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
	Serdep 50mg; 100mg			
	Serlife 50mg; 100mg			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Epilizine CR 200mg; 300mg; 500mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
Epitec 25mg; 50mg; 100mg; 200mg				
Girotec 50mg; 100mg; 200mg				
Lamitor 25mg; 50mg; 100mg; 200mg				
Serinem 25mg; 50mg; 100mg; 200mg				
R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg	
			Cloment 25mg; 100mg	
R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R600	Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg	
			Olawin oradispersible 5mg; 10mg	
			Prexolan 5mg; 10mg	
			Prexolan ODT 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R600	Anti-psychotics: Olanzapine	Olanzapine	Redilanz 5mg; 10mg	
				Zolanz 5mg; 10mg	
				Zylena 5mg; 10mg	
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg	
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
				Psyquet 25mg; 100mg; 200mg; 300mg	
				Serez 25mg; 100mg; 200mg; 300mg	
				Spec Quetiapine 25mg; 100mg; 200mg; 300mg	
				Zimbiquet 25mg; 100mg; 200mg; 300mg	
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
				Fluanxol depot 1ml 20mg	
			Zuclopenthixol	Clopixol 2mg; 10mg	
				Clopixol depot 200mg	
	R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg	
			Risperidone	Risnia 0.5mg; 1mg; 2mg	
Rispacor 0.5mg; 1mg; 2mg; 3mg					
Rispevon 1mg; 2mg; 3mg; 4mg					
Rispide 0.5mg; 1mg; 2mg					
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg					
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
				Venteze CFC free 200 dose 100mcg	
				Ventimax CFC free 200 dose 100mcg	
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
				Ipvent HFA 200 dose 40mcg/dose	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
	Cardiac failure	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
Lisinopril and diuretics					Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
				Zestoretic 10/12.5mg; 20/12.5mg	
Perindopril and diuretics				Bioprexum Plus 10/2.5mg	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R100	ACE inhibitors and diuretics	Perindopril and diuretics	Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg
				Pearinda 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 5mg; 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 8mg
				Vectoryl 4mg; 8mg
	Zyace 4mg			
	Quinapril	Accumax 10mg; 20mg		
	R250	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Vediblok 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 100/25mg
				Zartan co 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg
	Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg			
R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
		Losartan	Annin 50mg; 100mg	
			Ciplazar 100mg	
			Normoten 100mg	
			Zaario 50mg; 100mg	
Zartan 100mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unichem 10mg
				Bisoprolol Unicorn 5mg; 10mg
	Bisozyd 5mg; 10mg			
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
Daptril 2.5mg				
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Sandoz Spironolactone 25mg	
			Spiractin 25mg	
R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Ultipot 600mg	
R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23	
Cardiomyopathy	R100	ACE inhibitors and diuretics	Enalapril and diuretics 20/12.5mg	
			Lisinopril and diuretics 10/12.5mg; 20/12.5mg	
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R100	ACE inhibitors and diuretics	Lisinopril and diuretics	Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
				Zestoretic 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg
				Pearinda 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 5mg; 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
			Quinapril	Accumax 10mg; 20mg
			R250	Alpha and Beta blocking agents
	Carvetrend 6.25mg; 12.5mg; 25mg			
	Vediblok 6.25mg; 12.5mg; 25mg			
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
Losaar Plus 50/12.5mg; 100/25mg				
Netrasol co 100/25mg				
Zartan co 100/25mg				
Telmisartan and diuretics			Telpres Plus 40/12.5mg; 80/12.5mg	
Valsartan and diuretics			Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg	
Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Ciplazar 100mg
				Normoten 100mg
				Zaario 50mg; 100mg
				Zartan 100mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unichem 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
Catexan 2.5mg				
Cipla-Indapamide 2.5mg				
Dapril 2.5mg				
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Sandoz Spironolactone 25mg	
			Spiractin 25mg	
R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Ultipot 600mg	
R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiomyopathy	R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide mononitrate	Ismo 20mg	
				Monicor SR 60mg	
	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
				Vaxigrip single dose 0.5ml pre-filled	
	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23	
	Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
Venteze CFC free 200 dose 100mcg					
Ventimax CFC free 200 dose 100mcg					
R165		Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg	
R260		Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
				Ipvent HFA 200 dose 40mcg/dose	
R215		Salbutamol and Ipratropium bromide	Salbutamol and Ipratropium bromide	Duolin HFA 200 dose	
R860		Surgical item: Oxygen concentrator	Oxygen	Oxygen Concentrator (Rental)	
R20		Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
	Trolic 5mg				
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml		
			Vaxigrip single dose 0.5ml pre-filled		
Chronic renal disease	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
			Zestoretic 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg	
	Perindopril co Unicorn 4/1.25mg				
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
			Enalapril	Alapren 5mg; 10mg; 20mg	
				Enalapril Unicorn 10mg; 20mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R85	ACE inhibitors: Plain	Enalapril	Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg
				Pearinda 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 5mg; 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 8mg
				Vectoryl 4mg; 8mg
			Zyace 4mg	
	Quinapril	Accumax 10mg; 20mg		
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 100/25mg
				Zartan co 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Ciplazar 100mg
				Normoten 100mg
				Zaario 50mg; 100mg
	Zartan 100mg			
	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R50	Iron in combination with Folic acid	Iron in combination with Folic acid	Pregamal
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
Equifer ampoule 5ml 100mg/5ml				
Rautevene ampoule 5ml 100mg/5ml				
Sucofer 5ml 20mg/1ml				
Zypiron vial 5ml 20mg/1ml				
R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml	
			Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
				Aranesp prefilled syringe 0.4ml 80mcg/0.4ml
				Aranesp prefilled syringe 0.5ml 100mcg/0.5ml
			Erythropoietin	Eprex pre-fill 2000U/0.5ml; 4000U/0.4ml
				Repotin ampoule 1ml 2000U; 4000U
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 30mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 50mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 120mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml
Mircera pre-filled syringe 0.3ml 200mcg/0.3ml				
Mircera pre-filled syringe 0.3ml 250mcg/0.3ml				
R430	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg	
Coronary artery disease	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R85	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 100mg
				Tenopress 50mg; 100mg
	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
				Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Lomanor 5mg; 10mg
				Pendine 5mg; 10mg
Pharma Dynamics Amlodipine besylate 5mg; 10mg				
Felodipine			Felodipine-Hexal 5mg; 10mg	
			Plendil 2.5mg; 5mg	
Nifedipine	Cipalat Retard 20mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg
				Monicor SR 60mg
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R810	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
				Salofalk 1000mg
				Sulfasalazine
	Salazopyrin EN 500mg			
	R1 940	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema
	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
Methotrexate 2.5mg				
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
				Ddavn nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720.			
	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml
			Insulin Glulisine	Apidra - cartridge 3ml
				Apidra solostar - disposable pen 3ml
	Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml		
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Aspart	Novomix 30 - flexpen 3ml
			Insulin Human	Humulin 30/70 - cartridge 3ml
			Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml
				Humalog mix 50 - cartridge 3ml; kwikpen 3ml
	R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Humulin n - cartridge 3ml; kwikpen 3ml
R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - prefilled cartridge 3ml	
		Insulin Glargine	Basaglar - cartridge 3ml; pre-filled pen 3ml	
			Optisulin - cartridge 3ml; pen 3ml	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Glargine	Toujeo - pen 1.5ml
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip
				Freestyle strip optium glucose test
				Strip accu check glucose active
				Test caresens n glucose strips 29g
				Test fora diamond blood glucose strip
				Test glucocheck
				Test strip blood glucose clicks bionime gs550
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose glucocheck key
				Test strip glucose on call plus ez
				Test strip onetouch select
				Test strip onetouch select plus
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet oncall glucose
				Lancet solus v2
Lancet unilet sterile 28g				
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				
Microlet lancet				
Needles			Droplet pen needle 8mm 31g	
			Needle insulin pen bd microfine 30g 8mm	
			Needle insulin pen bd microfine 31g 5mm	
			Needle insulin pen bd microfine tw 32g 4mm	
			Needle novofine	
Syringes			Syringe insulin 1.0ml with 27g needle	
			Syringe insulin bd microfine 0.3ml 30g 8mm demi	
	Syringe insulin bd microfine 1ml 30g 8mm			
	Syringe insulin bd microfine 1ml 9g 12.7mm			
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
				Apex-Metformin 500mg
				Austell-Metformin 500mg; 850mg
				Bigsens 500mg; 850mg; 1000mg
				Diamin 500mg; 850mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Diaphage 500mg; 850mg; 1000mg	
				Gluconorm 500mg; 850mg	
				Metored 1000mg	
				Mylan Metformin 1000mg	
				Romidab 500mg; 850mg; 1000mg	
				Sandoz Metformin 500mg	
	Please note that an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit is R720.				
	R530	Anti-diabetic agents: Fast-acting Insulins		Insulin Aspart	Novorapid - penfill 3ml
				Insulin Glulisine	Apidra - cartridge 3ml
					Apidra solostar - disposable pen 3ml
				Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)		Insulin Aspart	Novomix 30 - flexpen 3ml
				Insulin Human	Humulin 30/70 - cartridge 3ml
				Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml
					Humalog mix 50 - cartridge 3ml; kwikpen 3ml
	R465	Anti-diabetic agents: Intermediate-acting Insulins		Insulin Human	Humulin n - cartridge 3ml; kwikpen 3ml
	R555	Anti-diabetic agents: Long-acting Insulins		Insulin Detemir	Levemir - prefilled cartridge 3ml
				Insulin Glargine	Basaglar - cartridge 3ml; pre-filled pen 3ml
					Optisulin - cartridge 3ml; pen 3ml
					Toujeo - pen 1.5ml
	R150	Anti-diabetic agents: Sulfonamides, urea derivatives		Gliclazide	Diagluclide MR 60mg
					Diaran MR 30mg
					Dyna Gliclazide SR 30mg
					Gliclazide Unicorn MR 30mg
					Glytab MR 30mg
	R215	Anti-diabetic agents: Thiazolidinediones		Pioglitazone	Accord Pioglitazone 15mg; 30mg; 45mg
					Pioglitazone hydrochloride Macleods 15mg; 30mg
R35	Aspirin		Acetylsalicylic acid	Aspirin Teva 80mg	
				Myoprin 100mg	
R280	Blood glucose monitoring agents		Glucose strips	Accu chek instant strip	
				Freestyle strip optium glucose test	
				Strip accu check glucose active	
				Test caresens n glucose strips 29g	
				Test fora diamond blood glucose strip	
				Test glucocheck	
				Test strip blood glucose clicks bionime gs550	
				Test strip glucose contour plus	
				Test strip glucose contour ts	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R280	Blood glucose monitoring agents	Glucose strips	Test strip glucose glucocheck key
				Test strip glucose on call plus ez
				Test strip onetouch select
				Test strip onetouch select plus
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet oncall glucose
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	Droplet pen needle 8mm 31g
				Needle insulin pen bd microfine 30g 8mm
				Needle insulin pen bd microfine 31g 5mm
				Needle insulin pen bd microfine tw 32g 4mm
				Needle novofine
Syringes	Syringe insulin 1.0ml with 27g needle			
	Syringe insulin bd microfine 0.3ml 30g 8mm demi			
	Syringe insulin bd microfine 1ml 30g 8mm			
	Syringe insulin bd microfine 1ml 9g 12.7mm			
Dysrhythmia	R680	Anti-arrhythmics: class Ic	Flecainide	Tambacor 100mg
			Propafenone	Tambacor CR 100mg; 200mg
	R475	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg
				Bio-Amiodarone 200mg
				Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Purbloka 40mg
	R85	Beta blocking agents: Selective	Atenolol	Sotahexal 80mg; 160mg
				Adco-Atenolol 50mg; 100mg
				B-Block 100mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Tenopress 50mg; 100mg
				Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg
				Verahexal SR 240mg
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Lethyl 30mg
				Sedabarb 30mg
	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Epilazine CR 200mg; 300mg; 500mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
	Valeptic CR 300mg; 500mg			
	R85	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
Topiramate			Epimate 25mg; 50mg; 100mg; 200mg	
			Epitoz 25mg; 50mg; 100mg	
Toplep 25mg; 50mg; 100mg; 200mg				
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 5mg	
Glaucoma	R215	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
				Trusopt 5ml owi 2%
	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%
				Latanoprost
			Spersatan 2.5ml 50mcg/1ml	
			Xalatan 2.5ml 50mcg/1ml	
			Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml
	Travoprost	Travatan 2.5ml 0.004%		
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
				Brimoct 5ml 2mg/1ml

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Glaucoma	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Glaucosan 5ml 0.5%	
				Occumol 5ml 0.5%	
	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml	
				Co-Atana 2.5ml	
				Combigan 5ml 2mg/5mg	
				Cosopt 5ml 0.5%	
				Duotrav 2.5ml	
				Ganfort 3ml	
				Glaumide-co 5ml	
				Glauopt co 5ml	
				Ocudor co 5ml	
Xalacom 2.5ml					
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg	
				Adco-Prolief 500mg	
				Cetapon 500mg	
				Painogesic 500mg	
	R220	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranexamic acid Medwich 500mg	
	R50 000	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U	
				Octanine F vial 30ml 250U; 500U; 1000U	
			Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U	
				Octanate vial 5ml 250U	
				Octanate vial 10ml 500U; 1000U	
R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg		
			Ddavp nasal spray 5ml 0.1mg/1ml		
Hyperlipidaemia	R290	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg	
				Sandoz Bezafibrate 400mg	
	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg	
				Aspavor 10mg; 20mg; 40mg; 80mg	
				Astor 10mg; 20mg; 40mg; 80mg	
				Atolip 10mg; 20mg; 40mg	
				Atorvastatin Unicorn 10mg; 20mg; 40mg	
				Atorvastatin Winthrop 10mg; 20mg; 40mg	
				Dynator 10mg; 20mg; 40mg; 80mg	
				Lestavor 10mg; 20mg; 40mg; 80mg	
				Lipogen 10mg; 20mg; 40mg; 80mg	
				Vastor 10mg; 20mg; 40mg	
				Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
					Aspen Simvastatin 10mg; 20mg; 40mg
Austell-Simvastatin 10mg; 20mg; 40mg					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Hyperlipidaemia	R55	Lipid modifying agents: Statins	Simvastatin	Cipla-Simvastatin 40mg	
				Zysim 10mg; 20mg	
Hypertension	R170	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg	
				Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg	
	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
					Zestoretic 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Vectoryl Plus 4/1.25mg
				R85	ACE inhibitors: Plain
	Mylan Captopril 25mg; 50mg				
	Enalapril	Alapren 5mg; 10mg; 20mg			
		Enalapril Unicorn 10mg; 20mg			
		Hypace 5mg			
	Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg			
		Austell-Lisinopril 10mg; 20mg			
		Liso 5mg; 10mg; 20mg			
		Sinopren 5mg; 10mg; 20mg			
	Perindopril	Circator 4mg; 8mg			
		Pearinda 8mg			
		Perindopril Unicorn 4mg; 8mg			
		Prexum 5mg; 10mg			
		Ran-Perindopril 4mg			
		Reprex 4mg; 8mg			
		Spec-Perindopril 8mg			
		Vectoryl 4mg; 8mg			
		Zyace 4mg			
	Quinapril	Accumax 10mg; 20mg			
	R250	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
				Carvetrend 6.25mg; 12.5mg; 25mg	
				Vediblok 6.25mg; 12.5mg; 25mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 100/25mg
				Zartan co 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan Losartan	Jubitan 150mg; 300mg
				Annin 50mg; 100mg
				Ciplazar 100mg
				Normoten 100mg
				Zaario 50mg; 100mg
				Zartan 100mg
	R185	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Mylan Methyldopa 250mg
	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R85	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 100mg
				Tenopress 50mg; 100mg
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
			Ridaq 12.5mg	
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
			Catexan 2.5mg	
			Cipla-Indapamide 2.5mg	
			Dapril 2.5mg	
			Mylan Indapamide 2.5mg	
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Sandoz Spironolactone 25mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
	R110	Potassium supplements	Potassium chloride	Plenish K 600mg
				Ultipot 600mg
	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
				Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
				Verahexal SR 240mg
	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Lomanor 5mg; 10mg
				Pendine 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg
			Felodipine	Felodipine-Hexal 5mg; 10mg
				Plendil 2.5mg; 5mg
	Nifedipine	Cipalat Retard 20mg		
	Hypothyroidism	R45	Thyroid hormones	Levothyroxine sodium
Multiple sclerosis	R90	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
				Sandoz Amitriptyline 25mg
				Trepiline 10mg
	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon beta-1a	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
			Interferon beta-1b	Betaferon pre-filled syringe 1ml 960000U/1ml
	Peginterferon beta-1a	Plegridy prefilled pen 0.5ml 125mcg/0.5ml		
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Bio-Baclofen 10mg
Teva Baclofen 10mg				
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Parkinson's disease	R280	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg		
	R700	Dopamine agonists	Pramipexole	Mylan Pramipexole 0.125mg; 0.25mg; 1mg		
				Oxpola 0.125mg; 0.25mg; 1mg		
				Pexasp 0.125mg; 0.25mg; 1mg		
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg		
	R680	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Carbilev 25/100mg; 25/250mg		
				Lecardop 25/100mg; 25/250mg		
				Teva Carbi-Levo 25/100mg; 25/250mg		
	Rheumatoid arthritis	R70	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg	
					A-Lennon Diclofenac 25mg; 50mg	
Diclofenac Biotech 25mg						
Mylan Diclofenac 25mg; 50mg						
Panamor AT 50mg						
Indomethacin				Betacin 25mg		
				Gulf Indomethacin 25mg		
				Methocaps 25mg		
R60				Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
						Apex-Meloxicam 7.5mg
		Flexocam 7.5mg				
		Medoxicam 7.5mg				
		Melzy 7.5mg				
		Piroxicam	Pyrocaps 20mg			
			Roxifen 20mg			
R45		Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg		
				Betaprofen FC 400mg		
				Bren 400mg		
				Ibucine 200mg; 400mg		
				Ibunate 200mg		
				Ibusor 200mg		
				Naproxen	Mylan Naproxen 250mg	
			Naprosript 250mg			
	R105		Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg			
			Folic acid 5mg			
R810	Intestinal anti- inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg			
			Salazopyrin EN 500mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Rheumatoid arthritis	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
				Methotrexate 2.5mg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
	Schizophrenia	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Arrow Citalopram 40mg
Cilate 20mg					
Citalopram-Winthrop 20mg					
Recita 20mg					
Escitalopram				Accord Escitalopram 10mg; 20mg	
				Dolin 10mg; 20mg	
				Esetam 10mg; 20mg	
				Marprem 20mg	
Fluoxetine				Deprozan 20mg	
				Fluoxetine Actor 20mg	
				Prolax 20mg	
				Ranflocs 20mg	
				Zydus-Fluoxetine 20mg	
Sertraline				Dyna Sertraline 50mg; 100mg	
				Serdep 50mg; 100mg	
		Serlife 50mg; 100mg			
R385		Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
				Tegretol CR 200mg; 400mg	
				Zeptol 200mg	
R945		Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg	
				Cloment 25mg; 100mg	
R600		Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg	
	Olawin oradispersible 5mg; 10mg				
	Prexolan 5mg; 10mg				
	Prexolan ODT 5mg; 10mg				
	Redilanz 5mg; 10mg				
	Zolanz 5mg; 10mg				
	Zylena 5mg; 10mg				
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Schizophrenia	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg		
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg		
				Psyquet 25mg; 100mg; 200mg; 300mg		
				Serez 25mg; 100mg; 200mg; 300mg		
				Spec Quetiapine 25mg; 100mg; 200mg; 300mg		
				Zimbiquet 25mg; 100mg; 200mg; 300mg		
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg		
				Fluanxol depot 1ml 20mg		
			Zuclopenthixol	Clopixol 2mg; 10mg		
				Clopixol depot 200mg		
	R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg		
				Risperidone	Risnia 0.5mg; 1mg; 2mg	
			Risperidone	Rispacor 0.5mg; 1mg; 2mg; 3mg		
				Rispevon 1mg; 2mg; 3mg; 4mg		
				Rispide 0.5mg; 1mg; 2mg		
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg						
Systemic lupus erythematosus (SLE)	R70	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg		
				A-Lennon Diclofenac 25mg; 50mg		
				Diclofenac Biotech 25mg		
				Mylan Diclofenac 25mg; 50mg		
				Panamor AT 50mg		
			Indomethacin	Betacin 25mg		
				Gulf Indomethacin 25mg		
				Methocaps 25mg		
			R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
						Apex-Meloxicam 7.5mg
	Flexocam 7.5mg					
	Medoxicam 7.5mg					
	Melzy 7.5mg					
	Piroxicam	Pyrocaps 20mg				
		Roxifen 20mg				
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg		
				Betaprofen FC 400mg		
				Bren 400mg		
				Ibucine 200mg; 400mg		
				Ibunate 200mg		
Ibusor 200mg						
Naproxen			Mylan Naproxen 250mg			
			Naproscript 250mg			
R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
			Topivate cream 0.1%	
			Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R810	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
				Salofalk 1000mg
			Sulfasalazine	Salazopyrin 500mg
	Salazopyrin EN 500mg			
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema
	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
Methotrexate 2.5mg				
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	

The CDL Enhanced medicine list for BMW Employees Medical Aid Society

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R280	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Kulair 4mg; 5mg; 10mg
				Lumont 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Sintair 4mg; 5mg; 10mg
				Sintrine 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R100	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
				Clenil aqueous 200 dose 50mcg
			Fluticasone	Flomist 120 dose 50mcg
				Flonase 120 dose 50mcg
Chronic obstructive pulmonary disease (COPD)	R195	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R430	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R545	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
R265	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg	
Chronic renal disease	R255	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clopidogrel 75 Biotech 75mg
				Clopidogrel Unicorn 75mg
				Pharma Dynamics Clopidogrel 75mg
				Plagrol 75mg
				Zyklot 75mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R215	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R685	Anti-diabetic agents: Other, excluding Insulins: Exenatide	Exenatide	Byetta disposable pen 1.2ml 60 dose 5mcg/dose
				Byetta disposable pen 2.4ml 60 dose 10mcg/dose
	R215	Dipeptidyl peptidase inhibitors: Saxagliptin	Saxagliptin	Onglyza 2.5mg; 5mg
R215	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg	
Rheumatoid arthritis	R285	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg
Systemic lupus erythematosus (SLE)	R285	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg

Complaints process

You may lodge a complaint or query with BMW Employee Medical Aid Society directly on 0860 002 107 or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following BMW Employees Medical Aid Society's internal disputes process. Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.com. Customer Care Centre: 0861 123 267/ website: www.medicalschemes.com